



Breakfast Includes: 100% Fruit Juice and Milk
Menu Is Subject To Change without Notice

January 2024

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Cold Cereal, String Cheese, Craisins, 100 % Fruit Juice, Milk	4 French Toast, Syrup, Apple Slices, 100% Fruit Juice, Milk	5 Bagel w/ Strawberry Cream Cheese, 100% Fruit Juice, Applesauce, Milk
8 Yogurt, Graham Crackers, Pears, 100% Fruit Juice, Milk	9 Muffin, Applesauce, 100% Fruit Juice, Milk	10 Breakfast Bar, Peaches, 100% Fruit Juice, Milk	11 Cold Cereal, Banana, 100% Fruit Juice, Milk	12 Pancakes, Syrup, Apple Slices, 100% Fruit Juice, Milk
15 No School <i>Martin Luther King Jr. Day</i>	16 Bagel Breakfast Pizza, Mixed Fruit, 100% Fruit Juice, Milk	17 Apple Strudel, Pears, 100% Fruit Juice, Milk	18 Waffles, Syrup, 100% Fruit Juice, Milk	19 Muffin, Mandarin Oranges, 100% Fruit Juice, Milk
22 Breakfast Burrito, Peaches, 100% Fruit Juice, Milk	23 Cold Cereal, Banana, 100% Fruit Juice, Milk	24 Cinnamon Roll, Applesauce, 100% Fruit Juice, Milk	25 Yogurt Parfait with Berries, Granola, 100% Fruit Juice, Milk	26 Breakfast Bar, Pears, 100% Fruit Juice, Milk
29 Pancakes & Sausage on a Stick, Craisins, 100% Fruit Juice, Milk	30 Yogurt, Graham Crackers, Apple Slices, 100% Fruit Juice, Milk	31 Cold Cereal, Mixed Fruit, 100% Fruit Juice, Milk		



January 2024 Hood Canal School Lunch Menu

*Lunch Includes: Salad Bar & Milk
Menu Is Subject To Change*

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Corn Dog, Tater Tots, Mixed Fruit, Veggie Bar, Milk	4 Teriyaki Beef Dippers, Rice, Fortune Cookie, Peaches, Veggie Bar, Milk	5 Pepperoni Pizza Rippers, Fresh Oranges, Veggie Bar, Milk
8 Hamburger w/ pickle lettuce, tomato, Sun Chips, Fresh Apple, Veggie Bar, Milk	9 Ham & Cheese or Tuna Salad Sandwich, Banana, Veggie Bar, Milk	10 Chicken Drumsticks, Coleslaw, Roll, Grapes, Veggie Bar, Milk	11 Macaroni & Cheese, Garlic Bread, Applesauce, Veggie Bar, Milk	12 Bean & Cheese Burrito, Pears, Veggie Bar, Milk
15 <i>No School Martin Luther King Jr. Day</i>	16 Breakfast for Lunch- Pancakes w/ Berries, Sausage Links, 100 % Fruit Juice, Veggie Bar, Milk	17 Spaghetti w/ Meat Sauce, Garlic Bread, Peaches, Veggie Bar, Milk	18 Chef Salad w/ Ham & Cheese, Roll, Grapes, Veggie Bar, Milk	19 Chicken Burger w/ lettuce, tomato, Sun Chips, Applesauce, Veggie Bar, Milk
22 Orange Chicken, Rice, Pineapple Tidbits, Veggie Bar, Milk	23 Crunchy Tacos w/ lettuce, cheese, salsa, Fresh Apple Slices, Veggie Bar, Milk	24 Hot Ham and Cheese Sandwich, Baked Beans, Fresh Oranges, Veggie Bar, Milk	25 Pepperoni Pinwheel Pizza, Grapes or Banana, Veggie Bar, Milk	26 Chicken Nuggets, French Fries, Mixed Fruit, Veggie Bar, Milk
29 Taco Salad w/ cheese, salsa, sour cream, Chips, Peaches, Veggie Bar, Milk	30 Chili w/ Cheese, Corn Bread, Pears, Veggie Bar, Bar, Milk	31 Sweet & Sour Meatballs over Rice, Breadstick, Apple Slices, Veggie Bar, Milk		